

## **OMAHA COMMUNITY**

### **REFERRALS**

#### **Resources for Psychotherapy**

#### **Mary Clarys Counseling, LMHP, MS**

3677 North 129th Street  
Omaha, NE 68164  
(402) 819-4942  
maryclarys@medofficmail.com  
[www.maryclaryscounseling.com](http://www.maryclaryscounseling.com)

#### **Rebecca Riley, LCSW, Ph.D.**

Telehealth Only  
402-615-9032  
[rjriley@drrebeccariley.com](mailto:rjriley@drrebeccariley.com)

#### **Healing Tree Counseling**

1011 Leavenworth St.  
Omaha, NE 68102  
(402)-614-4870  
<http://www.healingtreeomaha.com>

#### **Allison Harlow, Ph.D.**

8031 W Center Rd  
Omaha NE 68124  
402-915-1717

#### **Tim Hron, LIMHP**

CHI Health Bergan  
2001 S 75<sup>th</sup> St  
Omaha, NE 68124  
(402) 398-5550

#### **Heather Hazel, LIMHP**

CHI Health Lasting Hope (outpatient)  
415 S 25<sup>th</sup> Ave  
Omaha, NE 68131  
(402) 717-5550

#### **Vanessa Laskowski, Ph.D.**

Kairos Psychological P.C.  
11905 Arbor St.  
Omaha NE 68144  
(531) 600-3797

#### **Kris Wiley, LIMHP, CLC**

CHI Health Lakeside  
16909 Lakeside Hills Court, Suite 400  
Omaha, NE 68130  
(402) 758-5850

**Christi Cloyd, LIMHP, LADC**  
**Sondra Crowder, LICSW, LADC**  
**Alexis Peak, LIMHP**  
CHI Health Immanuel  
7101 Newport Ave  
Omaha, NE 68152  
(402) 572-2916

#### **Erin Williams, LIMHP**

**Anita Akers, LIMHP**  
Focus C3 Counseling  
11069 I St  
Omaha, NE 68137  
(402) 933-4411  
[Erin@FocusC3.com](mailto:Erin@FocusC3.com)  
[Anita@focusC3.com](mailto:Anita@focusC3.com)

#### **CHI Health Mercy Council Bluffs**

801 Harmony St, Suite 302  
Council Bluffs, IA 51503  
(712) 328-2609

#### **Megan Smith, MS, LMHP, LIPC**

(LGBTQIA)  
1111 N. 13<sup>th</sup> St Suite 430  
Omaha, NE 68102  
402-871-5920  
[megsmiththerapy@outlook.com](mailto:megsmiththerapy@outlook.com)

#### **Karen Gard, LIMHP**

Great Plains Mental Health Associates  
4610 S 133<sup>rd</sup> St., Suite 109  
Omaha, NE 68137  
402-614-0010

#### **Dave Clark, LPC, LMHP**

**Bill Rucker, LMHP**  
**Family Enrichment, Inc**  
820 S 75<sup>th</sup> Street  
Omaha, NE 68114  
(402) 391-2477

#### **Todd Kerr, MS, LMHP, LPC**

**Pam Feldman, MS, LPC, LIMHP**  
Associated Counseling Professionals  
2255 S. 132<sup>nd</sup> St.  
Omaha, Nebraska 68144  
(402) 334-1121

#### **Jeff Stormberg, PhD**

1403 Farnam St., Suite 215  
Omaha, NE 68102  
(402)-393-0642  
<http://stormbergtherapy.com>

#### **James Poppert, MS, LIMHP, LADC**

Center for Counseling &  
Psychotherapy  
8021 Chicago St.  
Omaha, NE 68114  
402-502-1024 x 106  
[Poppert.james@gmail.com](mailto:Poppert.james@gmail.com)

#### **Carmen Kreuger, LIMHP, LCSW, LADC**

**Todd McKee, PhD**  
Psychiatric Services, P.C.  
9239 W Center Road, Suite 211  
Omaha, NE 68124  
(402) 399-9305  
*\*Borderline and DBT*

#### **Amy Corey, Ph.D.**

440 Regency Parkway Drive, Suite 230  
Omaha, NE 68114  
(402) 769-2121

#### **Sarah Voss, LIMHP**

Omaha Integrated Care  
2126 N 117<sup>th</sup> Ave  
Omaha NE 68164  
402-934-1617

#### **James Pennington (they), LPC**

(LGBTQIA)  
Dream Again Therapy  
1111 N.13<sup>th</sup> St. Suite 142A  
Omaha, NE 68102  
(402) 207-2517  
[james@dreamagaintherapy.com](mailto:james@dreamagaintherapy.com)

#### **Jumoke Omojola, LCSW, LIMHP**

JTransformations  
8031 West Center Road  
Suite 307  
Omaha, NE 68124  
402-281-6881  
[www.nebraskatherapist.com](http://www.nebraskatherapist.com)  
[jmomojola@gmail.com](mailto:jmomojola@gmail.com)  
*\*DBT*

#### **Kersten Borer, LIMHP, CMSW**

**(Dual Diagnosis)**  
7602 Pacific St Suite 304  
Omaha NE 68114  
402-261-2788

#### **The Coeur Group**

*(DBT)*  
900S 74<sup>th</sup> Plaza, #400  
Omaha, NE 68114  
402-800-2990

**Michelle (Micki) Czapl**

The Growing Path  
11605 West Dodge Rd, Suite 4  
Omaha NE 68154  
402-770-1024

**Kani Rubango International LLC**

*\*specializes in trauma and EMDR*  
1905 Harney St, Suite 714  
Omaha NE 68102  
[kanirubango@gmail.com](mailto:kanirubango@gmail.com)  
callkani.com  
402-249.4790

**Katie Pankonin, LMSW, PLMHP**

*\*Telehealth in AZ & NE*  
Enkindle Mental Health Therapy  
Enkindlementalhealth.org  
@enkindle\_mentalhealth  
480-702-1175

**Amber Determan, MS, LMHP**

Attachment & Trauma Center NE  
638 N 109<sup>th</sup> Plz  
Omaha NE 68154  
[www.atcnebraska.com](http://www.atcnebraska.com)  
402-819-6066

**Justin Weeks, PhD** *\*OCD specialist*

510 S 42<sup>nd</sup> St  
Omaha NE 68131  
402-552-6007

**Carrie Ann Wellman**

1701 S 17<sup>th</sup> St, Suite 3G  
Lincoln NE 68502  
[GLBTQcounseling@aol.com](mailto:GLBTQcounseling@aol.com)  
402-560-4683

**Kim Searl, MSW LICSW**

Great Plains Mental Health Assoc  
4610 S 133<sup>rd</sup> St, Suite 109  
Omaha NE 68137  
[Ksearl.licsw@greatplainsmentalhealth.com](mailto:Ksearl.licsw@greatplainsmentalhealth.com)  
402-614-0010

**Catherine Hillyer, LMHP**

Dharma Counseling  
7602 Pacific St, Suite 205  
Omaha NE 68114  
[Catherine@dharmacounselingomaha.com](mailto:Catherine@dharmacounselingomaha.com)

Resources for Psychiatry:**UNMC (Adults: Dr. Strong)**

Poynter Hall  
42<sup>nd</sup> and Dewey (SW corner, 5th floor)  
402 552-6006 or 402-552-6007

**TMS Institute of Great Plains Mental Health Assoc.**

**(Psych NP group)**  
4610 S 133<sup>rd</sup> St.  
Suite 109  
Omaha, NE 68137  
402-614-0010

**The Coeur Group**

Dr. Cynthia Paul & Dr. Michael Coy  
900 South 74<sup>th</sup> Plaza  
Suite 400  
Omaha, NE 68114  
402-800-2990

**Mary Jo Hanigan, MD**

**Meridian Mental Health & TMS Center of Omaha**  
6910 Pacific St, Suite 100  
Omaha, NE  
(402) 504-3707

**Psychiatric Services, P.C.**

9239 West Center Road, Suite 211  
Omaha, NE 68124  
(402) 399-9305

**Joe Council, APRN**

Council Psychiatric Care Specialists  
919 Galvin Rd  
Bellevue, NE  
402-881-0678

**Megan Sheehan, MD**

Specialized Psychiatry, LLC  
*\*telehealth only*  
[www.specializedpsychiatry.com](http://www.specializedpsychiatry.com)  
402-205-1222

Low Cost Resources forPsychotherapy:**University of Nebraska Omaha Community Counseling Clinic**

No insurance needed, \$10 sessions  
6005 University Drive  
Omaha, NE 68182  
(402) 554-2409  
<http://coe.unomaha.edu/couns/ccclin ic/>

**Catholic Charities**

<http://www.ccomaha.org/>  
531-213-7396

**Heartland Family Services**

2101 South 42<sup>nd</sup> Street  
Omaha, NE 68105  
(402) 552-7400  
NOTE: *DBT/Coping Skills group available*

**Lutheran Family Services**

120 South 24<sup>th</sup> Street, Suite 100  
Omaha, NE 68102  
(402) 342-7007  
<http://www.lfsneb.org/>  
*\*sliding fee scale*  
Papillion – 402-592-0639  
Bellevue – 402-292-9105

**OneWorld Community Health Centers**

**(Various locations)**  
Livestock Exchange Building  
4920 S. 30<sup>th</sup> St.  
Omaha, NE 68107  
402-734-4110

**Attachment and Trauma Center of Nebraska**

**Cathy Schwitzer**  
638 N 109th Plaza  
Omaha, NE 68154  
(402) 403-0190  
<http://atcnebraska.com/>

Resources for ADHD/LD Assessments**Matt Peter, PsyD**

**Ian Stephens, PhD**  
Boys Town Assessment Program  
13460 Walsh Drive  
Boys Town, NE 68010  
(402) 498-7900

**Nathan Sudbeck, PsyD**

TRUE Counseling & Psychological Services, LLC  
3610 N 163<sup>rd</sup> Plaza, Suite 208  
Omaha, NE 68116  
(531) 300-0807

**James Kappen, EDD, ABN, ABPdN**

Nebraska Pediatric Neuropsychology  
706 N 129<sup>th</sup> St, Suite 117  
Omaha NE 68154  
402-829-8482

## Drug & Alcohol Counseling

### **Melva Denholm, LIMHP, LADC**

6901 N 72nd St  
Omaha, NE 68122  
[Melva.denholm@alegent.org](mailto:Melva.denholm@alegent.org)  
402-572-2916  
*\*Assessments only*

### **John Duggins, LIMHP, LADC**

4611 S 96th St.  
Enterprise Building, Suite 267  
Omaha, NE 68127  
(402) 207-9441

### **Lisa Parisien, LIMHP, LADC**

**(also hypnotherapy)**  
Intuitive Therapies, LLC  
10701 Mockingbird Drive  
Omaha, NE 68127  
(402) 382-9332

### **Peter Cusumano, LIMHP, LADC**

CHI Health Lakeside  
16909 Lakeside Hills Court, Suite 400  
Omaha, NE 68130  
(402) 758-5850

### **John Atherton MS, LMHP, LPC**

9140 W Dodge Rd  
Omaha, NE 68114  
(402) 397-2147

### **Tim Swisher LMHP, LADC**

1004 Farnam St, Suite 204  
Omaha, NE 68102  
(402) 341-2230

### **North Point Nebraska**

Inpatient, IOP, & PHP  
Addiction Treatment  
<https://www.northpointnebraska.com/about-us/>

## Therapists Specializing in Eating Concerns

### **ED Care**

*\*will do evals by phone*  
11218 John Galt Blvd #204  
Omaha, NE 68137  
402-208-0294

### **Angie Helm, MS, LMHP**

Center for Counseling &  
Psychotherapy  
8021 Chicago St  
Omaha NE 68114  
402-502-1024 x 102

### **Aimee Hollendieck, MS, LMHP, CPC**

11414 W Center Road, Suite 140  
Omaha NE 68114  
531-228-4732

### **Denisa Larreau, MS, LIMHP**

Infinite Hope Counseling, LLC  
7701 Pacific St., Ste 323  
Omaha NE 68114  
402-390-6007

## Dieticians

### **Mary Lynn Kardell, RD, LMNT**

The Nutrition Edge  
7701 Pacific Street, Suite 323  
Omaha, NE 68114  
402-390-6007  
[Mary.kardell@thenuedge.com](mailto:Mary.kardell@thenuedge.com)

### **Jess Wegener, RD, LMNT, CSSD**

Positive Nutrition Omaha  
13809 Industrial Rd  
Omaha NE 68137  
402-669-2905

### **Whitney Larson, RD, LMNT, CPT**

Whitney Larson Nutrition  
402-320-0057

### **Krista Godfrey, MS, RD, LMNT**

LifeCycle Nutrition  
11329 P Street, Suite 126  
Omaha NE 68137  
402-509-3500

### **Emily Estes, MS, RD, LMNT**

Sage Nutrition  
402-417-9264