

## Policy and Procedure

<b>Department:</b> Recreation & Wellness	<b>Section:</b> Clothing Policy
<b>Title:</b> Facility Clothing Policy	<b>Effective Date:</b> 1/10/2022
<b>Authored by</b> Greg Durham	<b>Approval Date:</b> 1/10/2022
<b>Approved by:</b> Tanya Winegard PhD	<b>Revision Date:</b> 1/10/2022
<b>Type:</b> Departmental Policy	

- Purpose:** The purpose of the Facility Clothing policy is to inform students of requirements/acceptable clothing that is to be worn in recreational facilities.
- Scope:** This policy applies to all patrons in Recreation Facilities
- Policy:** Appropriate athletic attire is required.  
Tops and bottoms must be worn at all times in the gym and fitness areas.  
If exposed skin would touch bench/equipment, a towel should be placed between equipment and patron. Opened toed shoes or open backed shoes are not permitted.  
Bare feet only allowed in locker rooms.  
Jeans or pants with buttons/hardware are not permitted on upholstered equipment.
- Procedure:** Recreation + Wellness will communicate dress code policy via posters and signage throughout the facility. Additionally, student staff will spot check patrons to ensure that the policy is being upheld. Patrons who are not in compliance will be asked to comply with policy or leave the facility.
- Accountability/Follow-up:** If a student is in violation of this policy, they will be contacted by a member of the Recreation + Wellness student staff team. Continued violation of the policy may result in loss of Recreation + Wellness privileges and referral to the Office of Community Standards and Wellbeing.
- Faculty/Staff will be contacted by a member of the Recreation + Wellness Student Staff team. Continued violation of the policy may result in a loss of Recreation + Wellness privileges and referral to Creighton University Human Resources

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Alumni and Guests who are in violation of this policy will be contacted by a member of the Recreation + Wellness student staff team. Continued violation of policy may result in loss of Recreation + Wellness privileges and termination of their membership without refund.

### Clothing Policy Information

#### **Fitness Forum – Weight + Cardio Room Area**

1. Shirts and closed-toed footwear must always be worn. Athletic, closed toed and closed backed shoes must be always worn in the Fitness Forum.
2. Jeans or pants with buttons/hardware are not permitted on upholstered equipment.
3. If exposed skin would touch bench or other equipment, patrons should place a towel between their skin and the equipment for their and others safety.

#### **Basketball, Track and Field Turf Areas**

The following policy is in effect on the basketball courts, track, and turf areas.

1. Closed toe/closed heel athletic shoes with non-marking soles are required on the basketball courts.
2. Sandals, flip-flops, or dress shoes are only allowed on the track
3. Cleats are only allowed on the turf

Creighton Recreation and Wellness requires that all our patrons adhere to a dress code policy for personal hygiene, health, and safety.

#### **Shirt Policy rationale:**

1. Shirts are required to prevent the spread of communicable diseases, such as MRSA and ringworm from being passed via direct contact with fitness equipment.

#### **Pants/Shorts Policy rationale:**

1. Pants or shorts with belts, studs, rivets, or zippers can tear the vinyl on the equipment. Once the vinyl is torn, germs and bacteria can grow within the padding, posing a potential health risk to patrons. It is also costly to frequently replace torn pads and sleeves.

#### **Shoe Policy Rationale:**

1. Shoes protect the feet from being hurt by equipment.
2. Wearing athletic shoes prevents slipping.
3. Shoes contain injury and prevent contamination if a heavy object is dropped on the foot.
4. Open-toed and open-backed shoes do not provide sufficient protection from many of the common injuries associated with fitness spaces.